



Queen Mary's Grammar School

Headmaster: R J Langton, M A

Dear Parents/Carers,

We hope this letter finds you well.

Please find attached the presentation from the recent Relationships, Sex and Health Education (RSHE) Information Evening. The presentation provides an overview of the key topics covered, the curriculum approach, and other relevant information.

RSHE has been a statutory requirement in all secondary schools since September 2020 and new content (including online harms such as deepfakes and sextortion, exposure to misogynistic attitudes and 'incel' culture and unhealthy views about relationships) has been introduced for inclusion from September 2026. Schools are required by law to teach RSHE, and the content is designed to give pupils the knowledge and skills they need to stay safe, make informed decisions, and treat others with respect.

If you would like to request that your child is withdrawn from the sex education element of the curriculum only, please be aware that you must arrange and attend a meeting with Ms Morgan as Head of Department and/or Mr Collins as Assistant Headteacher and Designated Safeguarding Lead to discuss your reservations before any request can be granted. This must happen on an annual basis, meaning if you have withdrawn your child from sex education in Year 9, they will not be automatically withdrawn for Year 10.

It is important to note that parents cannot withdraw pupils from Relationships Education or Health Education, which are both compulsory, and which include teaching about diversity, respect, and the protected characteristics set out in the Equality Act 2010. This ensures that all pupils receive clear and consistent messages about equality and inclusion, helping to prepare them for life in modern Britain.

At Queen Mary's Grammar School, we are committed to ensuring that all pupils receive accurate, age-appropriate information in a supportive and respectful environment. Our Personal, Social, Health and Economic Education (PSHEE) curriculum is strategically planned to ensure full coverage of statutory RSHE requirements and tailored to suit our pupils and our unique community.

Thank you for your continued support.

Kind regards,

Ms K Morgan
Head of PSHEE

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